

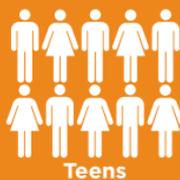
GETTING SMART ABOUT TEEN MEDICINE ABUSE

90%
of addictions
start in the
teenage years.

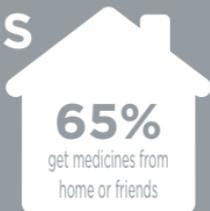


1 IN 6 TEENS
have used a prescription drug in order
to get high or change their mood.

Only **6 percent** of parents
say they have a child who
abused medicine, however
10 percent of teens
admit to misusing/abusing medicines
in the past 6 months.



**TWO-THIRDS
OF TEENS**
who abuse
pain relievers say
they get them from
family members
and friends.



Adults' perception of where
teens are getting Rx drugs

27%
from someone else

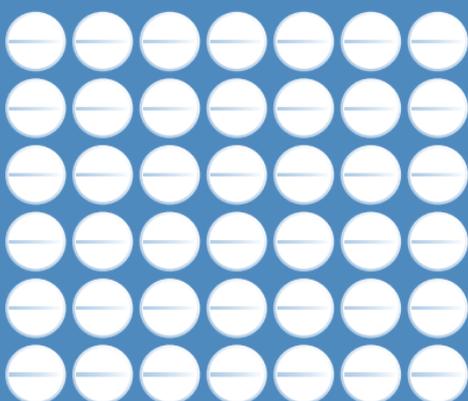


24%
from school



Only **3 percent** of
parents admit giving
their child medication
not prescribed for them.

Yet, **22 percent** of teens say they
were given a prescription medicine
not meant for them by their parents.



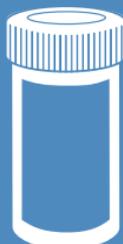
More Americans die from
**DRUG
OVERDOSES**
than in car crashes
and this increasing trend
is driven by Rx painkillers.



One
person
dies
every



19 MINUTES
from drug overdose
in the United States
and this increasing trend
is driven by Rx painkillers.



Opioid pain relievers are
responsible for more
overdose deaths than
cocaine and heroin
combined.



Share this to help #EndMedicineAbuse.

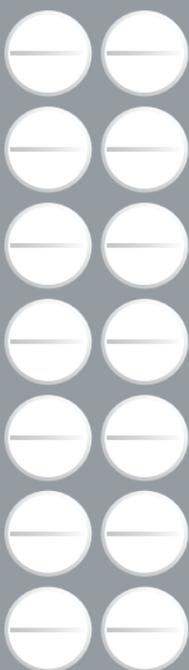
Published by The Partnership at DrugFree.org. Visit MedicineAbuseProject.org for more details.

GETTING SMART

ABOUT MEDICINE STORAGE & DISPOSAL

SMART STORAGE

- Take an inventory of the medications in your home
- Get rid of unused or expired medications
- Secure medications in a place only you know about



SMART DISPOSAL

- Check the label on the medicine and follow disposal directions, or ask your pharmacist.
- Community Take-Back Programs: Contact your city or county trash service for information about local events that allow the community to drop off unused or expired medications for proper disposal.
- Throw Away: Take medication out of its container. Mix it with an unappealing substance, such as coffee grounds or cat litter. Place everything in a sealable can or bag and throw it away.

ADDITIONAL TIPS

- Remove or black out personal information on prescription drug bottles before throwing away
- Do not share medication or give leftover prescription drugs to others
- For more information about the prescription drug epidemic, please visit: www.DrugFreeAz.org/rx



DRUGFREEAZ.org



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youtube.com/DrugFreeAZ

Learn more about prescription drug abuse and DrugFreeAz.org's resources:



Adapted from Consumer Health Information www.fda.gov/consumer